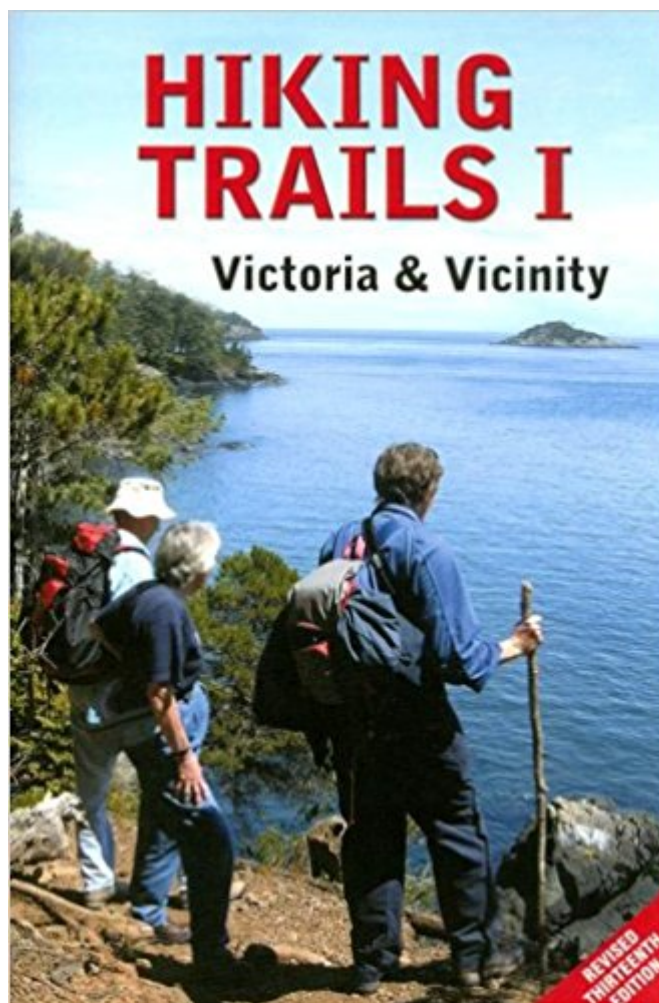


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Hiking Trails 1



Synopsis

Covers the Capital Regional District, including Portland, and Sidney Islands; the Saanich Peninsula; core municipalities; Western Communities; Sooke west to Port Renfrew; Juan de Fuca Marine Trail

* Over 100 destinations ranging from neighbourhood walks on pavement to week-long backpacking trips; includes the Gowlland Tod and Juan de Fuca Provincial Parks, and the popular Galloping Goose Trail. * 176 pages with index, 24 maps. * Includes Hints & Cautions, historical notes, birding and nature information. Thirteenth edition, 2007, compiled and edited by Richard K. Blier.

Book Information

Series: Hiking Trails (Book 1)

Paperback: 176 pages

Publisher: Vancouver Island Trails Information Society; 13 Revised edition (March 1, 2007)

Language: English

ISBN-10: 0969766750

ISBN-13: 978-0969766759

Product Dimensions: 6 x 0.4 x 9 inches

Shipping Weight: 9.6 ounces

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The Vancouver Island Trails Information Society is a non-profit society dedicated to providing accurate information to the public about parks and trails on Vancouver Island.

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